

Junior Trials Process

PBSC



Skill Acquisition Phase

Background Information:

At Palm beach Soccer Club, the skill acquisition phase operates from U8 to U12. The predominant focus across these five years is to master basic football fundamentals known as the four core skills, Striking the ball, first touch, 1v1's and running with the ball. Our under 8 to 12 development teams are called Shark Squads. The Shark Squad is a squad comprised of two teams in each age group and a head coach with a volunteer coach assisting. Our Shark Squad head coaches hold the Asia C coaching license (or working towards attainment). The head coach is responsible for training plans and oversight with assistance from the volunteer coach while being overseen by the Junior Technical Director. This ensures all Shark Squad players receive the same level of training regardless of the team they may be in.

Trials:

Trials are held in October/November for selection in a shark squad for the following season. Each age group will have two trial days where players will be assessed across the four core skills 1v1, running with the ball, striking/passing the ball and first touch. At the completion of the trials a squad will be selected for each age group. During pre-season this squad will then be split into two teams. Depending on the age group, squads will be split evenly or into an A and B team.

Selectors:

The Trial selectors are made up of the following individuals:

- Age Group Head Coach
- Volunteer second Coach
- Competitive Age Technical Director
- Junior Technical Director
- Junior Committee Member

Squad numbers per age group:

U8 and U9 – 20 Players

U10, U11 and U12 – 24 Players

Please note that squad numbers may slightly differ depending on the coaches on discretion. For instance, an U11 team may only select 23 players as there may only be 23 players of Shark Squad quality available to be selected.

At the completion of the trials there will be two spots held per age group for the following reasons:

1. Families moving to the region post trials
2. Injured players given the chance to trial in pre-season
3. Selectors cannot decide between multiple players and would like to see them in a training environment
4. Players absent during trials have the chance to trial
5. Players trialling for multiple clubs where trials overlap have a chance to trial

During the first four weeks of pre-season these final two spots will be filled and squads will be split into two teams.

Game Training Phase:

Background information:

At Palm Beach Soccer Club, the game training phase operates from U13 to U16. The game training phase has two major objectives;

1. Prepare players for senior football by teaching them to apply functional game skills in a team setting using 1-4-3-3 as the preferred formation (Preferred by Football Australia).
2. Develop tactical awareness, perception and decision-making through a game-related approach to training.

Players In the game training phase are trialled and selected into the following divisions;

Junior League (Highest Junior League on the Gold Coast)

Division 1

Division 2 (If applicable)

Division 3 (If applicable)

Junior League coaches hold (or are working towards attainment) an Asia C License. The head coach is responsible for training plans, development and success of the team while being overseen by the Competitive Age Technical Director.

Trials:

Trials are held in October/November for selection in a Junior League team for the following season. Each age group will have two trial days where players will be assessed games and game like scenarios whereby players have the opportunity to demonstrate their knowledge, quality and ability to develop.

Selectors:

The Trial selectors are made up of the following individuals:

- Age group Junior League Coach
- Competitive Age Technical Director
- Junior Technical Director
- Junior Committee Member

Squad numbers per age group:

U13 – 12 Players per team

U14 – U16 – 15 Players per team

At the completion of the trials there will be one spot held per age group for the following reasons:

1. Families moving to the region post trials

2. Injured players given the chance to trial in pre-season
3. Selectors cannot decide between multiple players and would like to see them in a training environment
4. Players absent during trials have the chance to trial
5. Players trialling for multiple clubs where trials overlap have a chance to trial

During the first four weeks of pre-season this final spot will be filled.

Yours in football at Palm Beach Soccer Club

Sheldon Simpson

Junior Technical Director

A handwritten signature in black ink, appearing to read 'Simpson', written in a cursive style.